

Seasoned Chicken and Rice (Less Sodium)

Made with our Rice-A-Roni® Lower Sodium Chicken Flavor, this deliciously simple dish is one of our Make it a Meal recipes. Why not serve it for dinner tonight?

INGREDIENTS

1 package Rice-A-Roni® Chicken Flavor Lower Sodium

1 lb uncooked, boneless, skinless chicken breasts, cut into 1-inch pieces

1 tbsp margarine

2 cups water

1 cup small broccoli florets (optional)

1/2 cup chopped onion (optional)

HOW TO MAKE

DIRECTIONS

In large skillet, sauté rice-vermicelli mix with 1 tbsp margarine over medium heat until vermicelli is golden brown, stirring frequently.

Slowly stir in 2 cups water, Special Seasonings and 1 lb uncooked, boneless, skinless chicken breasts, cut into 1-inch pieces; bring to a boil.

Cover, reduce heat to low and simmer 15-20 min or until rice is tender and water is absorbed. Let stand 5 min before serving.



PREP
TIME

5 min



COOK
TIME

20 min



SERVES

3-4

PRODUCT

