



4

PRODU



Garden Fresh Canned Salmon

Indulge in the garden-fresh flavors of canned salmon, a versatile recipe featuring succulent salmon enhanced with vibrant herbs and spices for a nutritious and flavorful meal.

INGREDIENTS

- 1 package (5.1 oz) PASTA RONI® Parmesan Cheese
- 1? cups water
- 2 tbsp margarine, butter or spread with no trans fat
- 1 cup 1-inch asparagus pieces or small broccoli flowerets
- 1/4 cup green onion slices
- 1 medium summer squash or zucchini, cut into 3/4-inch pieces
- 1 can (6 oz) salmon, drained and broken into chunks
- 1 tsp Dijon mustard
- 2/3 cup milk
- 1 tbsp chopped fresh basil (optional)

HOW TO MAKE

DIRECTIONS

In a medium saucepan, bring just to a boil: 1 ? cups water, 2/3cup milk and 2 tbsp margarine. Reduce heat to medium.

Slowly stir in pasta, Special Seasonings, asparagus, squash and onions. Separate pasta with a fork, if needed. Return to a boil. Boil uncovered 4 to 5 minutes or until pasta is tender, stirring frequently. Add salmon and mustard; cook and stir until heated through.

Sauce will be thin. Let stand 5 minutes to thicken. Stir in basil before serving, if desired.