

Curried Chicken Salad

Serve this tasty salad with pita chips. Recipe based on #768 with same name, but number of servings reduced from 6 to 4. Planned for Summertime Salads chapter of GGMD, but not used.

INGREDIENTS

1 6.9 oz package Rice-A-Roni® Chicken Flavor Lower Sodium

1 tbsp vegetable oil

1 skinless, boneless chicken breast half or 2 boneless thighs, cut into 1/2-inch pieces

1 tsp curry powder

2 cups red seedless grapes, halved

1/2 cup plain nonfat yogurt

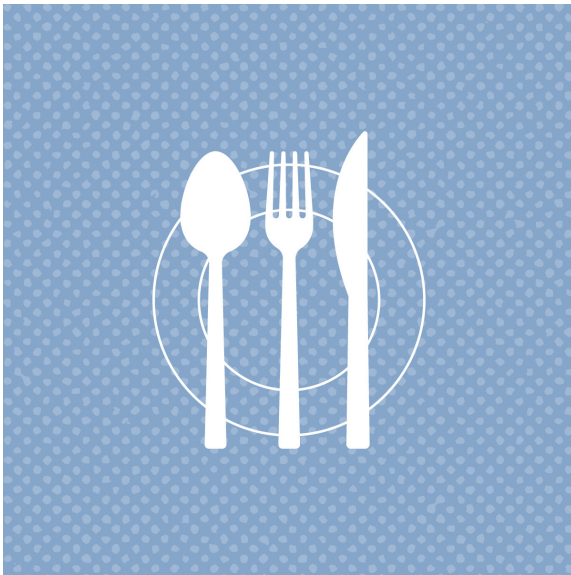
1/2 cup sliced green onions

HOW TO MAKE

DIRECTIONS

Prepare Rice-A-Roni Mix as package directs substituting oil for margarine and stirring in chicken and curry powder during last 10 minutes of cooking. Cool 10 minutes.

In large bowl, combine prepared Rice-A-Roni, grapes, yogurt and onions. Chill 4 hours or overnight. Stir before serving.



PREP
TIME

10min



COOK
TIME

15min



SERVES

4

PRODUCT

