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Cha Cha Chicken and Rice-A-Roni[®] Salad

Experience a flavorful fiesta with this Cha-Cha Chicken and Rice-A-Roni[®] salad, featuring tender chicken, zesty j ALAPENOs, creamy avocado, and crunchy sunflower seeds, tossed with RICE-A-RONI® Chicken & Garlic for a vibrant and satisfying dish.

INGREDIENTS

Salt and freshly ground black pepper, as desired

2 fresh chicken breast halves, boned and skinned

1/2 cup chopped mild onion

1/4 cup chopped fresh cilantro, lightly packed

2 tbsp olive oil

1/4 tsp ground allspice

1 (5.9 oz) package RICE-A-RONI® Chicken & Garlic

Jalapeño peppers, seeded and chopped

2 tbsp orange marmalade

1 avocado, peeled, seeded and chopped

1 mango, peeled, seeded and chopped

1/4 cup shelled sunflower seed kernels

Crisp salad greens

1 tbsp cooking oil

1/3 cup red wine vinegar

1/2 cup chopped red bell pepper

HOW TO <u>MAKE</u>

DIRECTIONS

Prepare RICE-A-RONI® as package directs, substituting oil for margarine. Cool for 10-15 minutes.

Meanwhile, heat cooking oil in a large nonstick skillet; add chicken breasts, cooking for 5 minutes on each side or until golden brown and done. Remove to a cutting board; let rest for 5 minutes before cutting into bite-sized pieces.

In a large mixing bowl toss together gently the cooled RICE-A-RONI[®], cooked chicken, onion, bell pepper, cilantro, and jalapeño peppers.

Whisk together vinegar, oil, marmalade, allspice, salt and pepper, blending well. Add to RICE-A-RONI® mixture, tossing gently to coat thoroughly.

Add avocado, mango and sunflower seed kernels just before serving, tossing gently until well blended. Divide among 4 serving plates, serving over crisp salad greens.